

# XM+

*Zija's XM+ Energy Mix combines the abundant nutrition of Moringa oleifera with natural energy and performance ingredients to elevate your mood, boost your energy level and suppress your appetite.*

These days it's harder than ever to live a well-balanced life. Sleep schedules, modern diet deficiencies and stress can lead to physical and mental fatigue. The need for increased energy is evident in the \$13 billion a year—and growing—energy drink market. Although many of these products provide a quick boost of energy, they lack a nutritional backbone and can result in a “crash.”

Nutrients are a key factor in our body's ability to access energy from both fat cells and the food we consume. ATP, often deemed the energy currency of our cells, is used for catalytic activity. B vitamins, calcium, magnesium and many other vitamins and minerals are critical in our ability to metabolize carbohydrates into ATP. Similarly, vitamin C, iron and other minerals are critical in our ability to metabolize proteins and fats into ATP. By providing an energy mix with a significant nutritional base, XM+ allows us to tap into our own stores for energy that is fast-acting and long-lasting.

As with all of Zija's products, we've left out the harmful neurostimulants, artificial ingredients, flavors, preservatives, stabilizers and sweeteners present in other so-called “energy drinks.”

In addition to its nutritional foundation, XM+ also delivers energy efficiently through other natural botanicals:

## Desert Tea

Desert tea is enriched with natural tannins, which remove much of the pollutant mucus that can inhibit our airway. These tannins allow us to breathe easier and experience a rise in energy through increased oxygen intake.

## Green Tea Extract & Ginseng

Green tea and ginseng have been shown to limit mental “fog” and increase intellectual acuity.

## Natural Caffeine

Natural caffeine, which is found in many plants, leaves, beans and fruits, is a safe central nervous stimulant that delivers continuous energy.

## XM+ Suggested Use

Add one serving (1 packet) of XM+ Energy Mix to 8-18 ounces of cold water, shake well, and drink on an empty stomach or at least 15 minutes prior to a healthy meal. XM+ is ideal to consume before exercise. Do not consume more than two (2) packets per day. Consuming late in the day may impair sleep.

SKU:102044  
Case weight: 1.436 lbs  
8ct box weight: 0.296 lbs

Manufactured by Pharmatech for Zija International.

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## SUPPLEMENT FACTS

Serving Size: 13g (1 Packet)  
Servings Per Container: 8

Amount Per Serving	% Daily Value	
<b>Total Calories</b>	49	
Calories from Fat	1	
<b>Cholesterol</b>	0	0%
<b>Sodium</b>	3mg	0%
<b>Total Carbohydrates</b>	11g	4%
Dietary Fiber	1g	5%
Sugars	4g	-
<b>Protein</b>	1g	
<b>Proprietary Blend</b>	7.9g	*
Natural Tropical Flavor, Moringa oleifera Blend (Leaf Powder, Seed Cake, Fruit Powder), Ephedra Nevadensis, Green Tea Extract, Ginseng, Garlic		
<b>Stevia</b>	108mg	*
<small>Percent Daily Value is based on a 2,000 calorie diet *Daily Value not established</small>		

**INGREDIENTS:** Proprietary Blend, Pure Cane Sugar, Fruit Pectin, Citric Acid, Mango Flavor, Natural Caffeine, Agar, Stevia, Silica, Stearic Acid.

**WARNING:** Do not consume more than 2 packets per day. Not intended for use by persons 17 years or younger without the supervision of a health professional and parent / guardian. Not for use by persons who are pregnant or nursing, caffeine-sensitive, suffer from heart disease, high blood pressure, difficulty urinating, psychiatric condition, depression, recurrent headaches, a medical condition or are taking MAO inhibitor or ADHD drugs. Do not consume with alcohol, cold medicine / drugs containing Pseudoephedrine, Ephedrine, PPA or other caffeine-containing products. Consumption contrary to warning may cause adverse health effects. If unpleasant effects occur, discontinue use.

**GF** GLUTEN-FREE

## XM+ PRODUCT USE GUIDE

-  CONTAINS MORINGA
-  PROVIDES NUTRITION
-  PROVIDES ENERGY
-  COMES IN A SACHET/PACKET
-  TAKE DURING THE DAY



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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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